



Together - we care, we learn, we belong

Physical Education Policy

1. School Philosophy

- a) Movement is the first means of communication we experience, it can be greatly developed through physical education. As Herbert Read wrote
“the senses are only education by endless activity”.
- b) The children should have access to programmes of activity that promote physical well being and a healthy life style.

2. Aims and objectives

- a) It is essential that the children derive pleasure and enjoyment from physical education and develop personal qualities of commitment, enthusiasm and a sense of fair play.
- b) The children should have the opportunity to develop their full potential in a balanced curriculum.
- c) To provide the children with first hand experience as a vehicle for learning to their own level and their own maximum.
- d) There should be opportunities for problem solving working singly, in pairs or in groups.
- e) The programmes of study should develop physical health, fitness, safety and social skills.
- f) Movement should give opportunities for the acquisition of skills.
- g) To provide extra curricular activities through the Positive Play and Young Leaders programme.
- h) To promote language development through speaking and listening.

3. The role of the co-ordinator within the school

- a) To attend relevant physical education courses and report back to the other staff.
- b) To assist in producing a developmental programme of physical education for the school following the P.E. National Curriculum guidelines.
- c) To check the resources and replace when necessary.
- d) To organise the school sports activity days and provide support for the Member of FS1 planning their activity day.
- e) To organise provision of resources for playtime, dinner time activities both on the playground and field.
- f) To continue the development of expertise throughout all staff by ensuring their access to any relevant courses.

4. Organisation

- a) The school has a hall, small and large playground areas and field. The hall is the venue for indoor physical education lessons and is timetabled to ensure that all classes have the same access (2 x 25 min lessons per week when possible). Outdoor sessions are used both on the playground and field, weather permitting.
- b) Planning meetings ensure that the subject's programmes of study are addressed, either subject based or whenever possible through topics.
- c) Short term planning and assessment should ensure that individual pupils have the opportunity to progress with confidence at their own level to their own potential.
- d) The class teacher is responsible for promoting independent learning in the areas of discipline, dressing and in caring for and using all the equipment. Safety procedures for different activities are constantly addressed.

5. Resources

These are stored in the hall and in the outside storage units.

6. Safety issues

- a) The staff will report to the co-ordinator any defects or safety issues.
- b) Children to be trained in carrying of equipment and the putting out of equipment.
- c) The children should be dressed correctly in tee-shirts and shorts. No jewellery to be worn. Bare feet, unless authorised reason from parent, sandals or trainers to be used outdoor.
- d) The large apparatus is checked by contract on a yearly basis.
- e) All staff to be responsible for checking the hall before lessons, for hazards.

7. Assessment Record Keeping

- a) The progress of the children will be assessed against the attainment levels through careful planning.
- b) It is hoped to have visual evidence through photography (still or video).

8. Cross Phase Liaison and Continuity

We hope to promote progression through the campus and involvement in inter school sessions.

9. Out of School Hours Learning

To promote links with community sports clubs and other providers. To access local leisure centre where possible.

10. Evaluation

This policy will be reviewed regularly to ensure that objectives and aims are being met and expanded.

Summaries drawn from the new documents

A.T. - Expressed as a general End of Key Stage description.

Programme of Study

1. **Games** - play simple competitive games, develop skills with balls and other equipment, and physical skills needed for games.
2. **Gymnastics** - develop physical skills using floor and apparatus and planning movements.
3. **Dance** - achieve control, perform movements, explore moods and feelings and respond to music.

Books and Information - kept on lockers outside staff room.

1. "Look! Look what I can do" - Kate Harrison
2. A suggested syllabus for gymnastics in the Infant school - Pauline Wetton
3. Physical Education in the Primary Years - Humberside County Council
4. Dance in Schools - Arts Council of Great Britain
5. Educational Gymnastics in the First School - Celia Barker
6. Physical Education in Key Stage 1 (Blueprints) Teachers' Resource Book*
7. Inspirations for Physical Education (Bright Ideas)
8. Inspiration for Dance and Movement - Bright Ideas

Schemes of Work – Games and Gym

Val Sabins Schemes of Work for Dance and Gymnastics

Activate Files for FS1, FS2 and KS1

Music tapes, BBC Music for Movement and music tapes for use are also kept in boxes on the lockers.

The Top Play cards and handbook for use in games lessons are also stored in the boxes.

Various music C.D.'s are kept in the hall.

Within all teaching and learning in this subject all relevant gender/race/disabilities will be recognised and treated equally.